



Food Fridays: Family Recipes

Who:

- You and your family

What:

- Everyone has a favorite recipe. What is your favorite food? Do you know how to make it yourself? Do you use a recipe?
- Most families have favorite recipes that are passed down from one generation to the next. Maybe you have a cookie recipe that your grandma made or that special pasta or rice recipe from an uncle or cousin?
- Today, Camp Counselor Sarah shares her Grandma's Soft Sugar Cookie recipe. Maybe you can make it with your family!
- What is your favorite family recipe? Let us know by posting on our Facebook page!

How:

Sarah's Grandma Peanut's Soft Sugar Cookies

- 2 C. white sugar, plus some
- 1 C. shortening
- 3 eggs
- 1 t. vanilla
- 1 C. buttermilk
- 5 C. flour, sifted
- 2 t. baking soda, dissolved in the buttermilk

Cream shortening and sugar. Fold in remaining ingredients. Roll dough about 1/8-inch-thick and sprinkle with extra sugar. Cut into shapes with cookie cutters. Bake 10 minutes at 350.